



Placement of the Neuro headset for stimulation of the Default Mode Network (DMN)

The default-mode network (DMN) is one of the best-studied resting-state networks. It represents the maintenance of baseline human cognition and metabolic equilibrium. The DMN consists of a group of strongly interconnected 14 brain regions (i.e., posterior cingulate cortex (PCC), precuneus, inferior parietal, medial prefrontal cortex, and medial temporal cortex).

A NOTE to USERS:

- (1) The vertical yellow line runs from the middle of the ear up to point A1 at the middle of the top of the head.
- (2) Horizontal yellow line runs from the top of the ear to point B1 at the middle of the back of the head.
- (3) The red line C runs in the middle in between the yellow lines, at 45°, to the point C1, above precuneus, where the lens of the middle back LED module should be placed.